

**SHARDA INTERNATIONAL SCHOOL
ACADEMIC PLANNER FOR SESSION (2025-2026)**

CLASS : 1

SUBJECT : ENVIRONMENTAL STUDIES

PRESCRIBED BOOK: I CARE
PUBLISHER: Cambridge

PERIODIC ASSESSMENT- 1

L-2 My Body
L-3 Good Habits
Activities- Musical body part, Hand wash song

PERIODIC ASSESSMENT- 2

L-4 Being Safe
L-5 My Family
Activities- Traffic light game, Family member interview

HALF YEARLY EXAM

L-6 My Neighbourhood
L-7 My School
L-8 People Who Help Us
L-9 Festivals and Celebrations
L-10 Plants Around Us
Activities- Visit to neighbourhood place, School tour, Rolle play with costumes, Bhajan singing

Project: L-1 About Myself
Activities- Speak about myself

PERIODIC ASSESSMENT- 3

L -12 Food We Eat
L - 14 Clothes We Wear
L-15 Air
Activities- Dessert party, Fashion show, Anuloma pranayama

ANNUAL EXAM

L-11 Animals Around Us
L-16 Water
L-17 Means Of Transport
L- 18 Communication
L-19 The Earth and the Sky
L- 20 Weather

Activities- Animal sound game, Water budget, Charads, Model of phases of Moon, Temperature chart off the week, Activities-, Transport drawing

Project: L-12 Houses We Live In
Activities- Best out of wastes

- Activities related to chapters will be conducted in Activity Notebook

